



Dr. Mojan Zehtabchi (ND)
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Pediatric Intake Form

Personal Information:

Child's name: _____

Date of Birth ____/____/____

Today's Date: ____/____/____

Gender: _____

Age: _____

Address: _____

Province: _____ City: _____ Postal Code: _____

Home phone number: Home: (____) ____ - ____

Parents/ Guardians (in order of preference)

Phone

Name: _____ (H) _____

Address _____ (W) _____

_____ (Cell) _____

Relationship to child _____ Email _____

Name: _____ (H) _____

Address _____ (W) _____

_____ (Cell) _____

Relationship to child _____ Email _____

May we leave you phone messages/call to confirm and cancel appointments? Yes No

Which Phone Number: _____

Who is filling out this form (Name and Relation)? _____

With whom does the child with? _____

How did you hear about the clinic? _____



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Emergency Contact:

Name: _____ Relationship: _____

Phone Number: (____) ____ - ____

Other Health Care Providers:

Name of Primary Care doctor: _____ Phone: (____) ____ - ____

Name of Pediatrician: _____ Phone: (____) ____ - ____

Name of specialists/doctors: _____ Phone: (____) ____ - ____

Has your child been to see the dentist? Yes No

Describe any dental work done: _____

Describe your child's daily oral hygiene practice: _____

Medical History:

How would you describe your child's general state of health? Excellent Good Fair Poor

Please list you HEALTH CONCERNS/GOALS by the order of importance:

Concern/Goal	Since
1.	
2.	
3.	
4.	
5.	

Please indicate any TRAUMATIC EVENT (surgery, trauma), illnesses, injuries and hospitalization along with approximate dates:



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Traumatic event	Date
1.	
2.	
3.	

Medications, Supplements and Allergies:

Please list all your current MEDICATIONS/SUPPLEMENTS: (prescription, over the counter, Vitamins, minerals, herbs, homeopathics, etc)

Item	Dose	Frequency	Taken For	Date Started

Please list all past PRESCRIPTION MEDICATIONS:

Item	Dose	Frequency	Taken For	Date Stopped

How many courses of antibiotics has your child taken: _____

Please list any ALLERGIES or MEDIC ALERT warnings (food, drugs, herbs, environmental):

1.	Reaction:
2.	Reaction:
3.	Reaction:
4	Reaction:
5.	Reaction:



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Past Medical History:

Please check the following conditions you have had:

	Yes	Past	Comments
ADD/ADHD			
Allergies			
Anxiety			
Asthma			
Atopic Dermatitis			
Bed Wetting			
Chicken Pox			
Chronic bleeding Noses			
Chronic Bruising			
Chronic Colds			
Cold Sores			
Colic			How Severe:
Conjunctivitis (Pink Eye)			
Constipation			
Cough & Wheezing			
Cradle Cap			
Cystitis			
Diaper Rash			
Diarrhea			
Difficulty Concentrating			
Difficulty Sleeping			
Digestive Problems			
Ear Infection			
Hay fever			
Headaches			
Head Lice			
Impetigo			
Influenza			
Measles			
Mononucleosis			



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Mumps			
Pneumonia			
Roseola			
Recurrent Fevers			
Rubella (German Measles)			
Scarlet Fever			
Seizures			
Sinus Problems			
Skin conditions (Eczema, etc)			
Strep Throat			
Thrush			
Whooping Cough			
Other			

Immunization:

Please indicate what immunizations your child has had: (Y: Yes, N: Never)

Vaccination			Adverse Reaction
DTaP [Diphtheria, Tetanus, Pertusis (Whooping Cough)]	Y	N	
IPV [Polio]	Y	N	
Hib [Haemophilus Influenza Type B]	Y	N	
Pneu-C-13 [Pneumococcal Disease]	Y	N	
Rot [Rota Virus]	Y	N	
Influenza [The Flu]	Y	N	
Men C [Meningococcal Disease]	Y	N	
MMR [Measles, mumps, Rubella]	Y	N	
Varicella [Chicken Pox]	Y	N	
Hepatitis B	Y	N	
Hepatitis A	Y	N	
Small Pox	Y	N	
Tetanus Booster	Y	N	When:

What Screening Tests has your child had? (Blood, Hearing, Vision, etc.)

Test	When
------	------



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Family History:

	Mother	Father	Gr. Parents	Siblings	Children
Allergy					
Asthma					
Birth Defects					
Cancer					
Depression					
Diabetes					
Heart Disease					
High Blood Pressure					
High Cholesterol					
Juvenile Arthritis					
Kidney Disease					
Thyroid Illness					
Substance Abuse (Drug, Alcohol)					
Any Known Genetic disease					
Other Chronic Conditions					

I don't know my family history

Prenatal History:

What was the health of Parents at Conception?

Mother Poor Fair Good Excellent Unknown
 Father Poor Fair Good Excellent Unknown

Mother's Health:



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What was the health of the mother during the pregnancy?

Poor Fair Good Excellent Unknown

What was the mother's age at child's birth? _____

Did mother receive prenatal medical care? Yes No

How was mother's diet during pregnancy? Poor Fair Good Excellent Unknown

Did mother experience any of the following during the pregnancy?

- | | |
|---|--|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Bleeding/Hemorrhage | <input type="checkbox"/> Thyroid Problem |
| <input type="checkbox"/> Nausea | <input type="checkbox"/> Vomiting |
| <input type="checkbox"/> Physical or Emotional Trauma | |
| <input type="checkbox"/> Other Complications during Pregnancy, Labor or Delivery: _____ | |

Did the mother use any of the following during the pregnancy?

Tobacco Alcohol Recreational Drugs If Yes, How Much? _____

When? _____

Prescription Medication If Yes, what Type & How Much? _____

Over the Counter Medications If Yes, what Type & How Much? _____

Supplements If Yes, what Type & How Much? _____

Exposed to Second Hand Smoke

Other: _____

Birth History:

Name of Midwife/Obstetrician: _____

Location of Birth: _____

Length of Term: Full Premature Weeks: ____ Late Weeks: ____



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Length of Labour: _____

Weight at Birth: _____ Length at Birth: _____

Was the birth: Vaginal C-section Induced Forceps

Any Complications: _____

Medications taken during Labour/delivery: _____

Did your child experience any of the following at or shortly after Birth?

Jaundice Rashes Seizures

Birth Injuries: _____

Birth Defects: _____

Other: _____

Feeding History & Current Diet:

Was your child breast fed? Yes No How many months: _____

Was your child formula fed? Yes No how long: _____

Type (Milk, Soy, Other): _____

At what age was solid foods first introduced? _____

What foods were introduced before 6 months? (please list the approximate dates)

What foods were introduced 6-12 months? (please list the approximate dates)



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Food Preferences: _____

Any Food Allergies and Intolerances: _____

Any Dietary Restrictions (Religious, Vegetarian, Vegan, etc)? _____

Dietary Intake:

Please List a Typical day's diet including beverages:

Breakfast: _____

Lunch: _____

Dinner: _____

Snack: _____

Beverages: _____

What is the approximate weight of your child? _____

Any recent weight gain or weight loss? Yes No How much: _____

Sleep Habits:

What are your child's current sleep habits? _____



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What time does your child go to bed?

Does your child take naps? Yes No When: _____

Does your child fall asleep easily? Yes No

Does your child wake up looking/acting refreshed? Yes No

Please list recurrent dreams and/or nightmares: _____

Does your child experience any bedwetting? If yes, for how long? _____

Development:

How was your child's health in the first year? Poor Fair Good Excellent Unknown

At what age did you child first:

Crawl: _____

Sit up: _____

Walk: _____

Talk: _____

How would you describe your child's behavior and performance at school? (Please list any Learning disabilities or concerns with school performance)

Does this differ greatly from behavior at home? _____

What makes your child angry? _____

Does your child have any difficulties expressing anger? _____



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How does your child react when afraid? _____

Social/psychosocial:

Is the child in: School Daycare Homecare Other: _____

Does your child enjoy playing with other children? Yes No

What extracurricular activities is your child involved in? _____

List your child favorite activities: _____

Does your child exercise regularly? Yes No How much, How often, What type? _____

How much television does your child watch? _____ Hours a day _____ Hours a week

Are there pets in the home? Yes No

How often does your child read for fun?

daily several times a week weekly Less than weekly

How often does someone read to your child?

daily several times a week weekly Less than weekly

Describe level of stress & emotional climate of your home: _____

What does your family do together for fun? _____



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Do you know of any toxins or other hazards the child is regularly exposed to? _____

Is there anything that you feel it is important that has not been covered? _____

I affirm that I have stated all my child's known medical conditions and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my child's medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so.

Signature _____ Date _____

**Thank you for taking the time to fill out this extensive health intake form.
All the above information is important in developing the best treatment plan for your child.**